

More beds more choices *for* central Alberta seniors

Michener Hill Continuing Care Facility

Alberta Health Services, in partnership with Extendicare, will open a new 280 bed continuing care facility in September.

Extendicare Michener Hill will offer more beds, more choices, and a better living environment

for seniors, increasing continuing care capacity in Red Deer by 65 beds.

Accommodation rates at Michener Hill will be the same as those at Red Deer Nursing Home and Valley Park Manor. However, residents may

see an increase in their fee if they are moving from a semi-private to a private room at the new facility. Nonetheless, subsidies are available for those who qualify.

Future of existing facilities

The Red Deer Nursing Home and Valley Park Manor were built in the 1960s when nursing homes were more institutional. Today, however, we are transitioning away from multi-bed wards, and shared washrooms in order to provide improved care that seniors deserve.

Following the closure of both sites, Alberta Health Services will look at the best options for the Red Deer Nursing Home and Valley Park Manor. In a previous study it was determined that it was more cost-effective to build a new facility than renovate the sites to bring them up to current standards.

More beds, more choices

Red Deer will see an increase of 65 continuing care beds. Extendicare Michener Hill will have a total of 280 continuing care beds which includes 220 long-term care beds and 60 supportive living spaces. Currently there are 215 long-term care beds in total at Red Deer Nursing Home and Valley Park Manor.

To get more information on seniors living options visit www.albertahealthservices.ca or contact the Alberta Health Services Seniors' Care Office at 403-314-6093



Expanding continuing care in Red Deer

Continuing Care Information

What is long-term care?

Long-term care is for individuals who have highly complex and unpredictable health needs and whose care cannot be safely provided in their own home or in a supportive living setting.

Placement in a long-term care setting is made by health professionals (from Alberta Health Services) after an individual has gone through an extensive health assessment process.

Long-term care staffing

Registered Nurses, Licensed Practical Nurses and Health Care Aides are on-site 24 hours a day to provide individual care.

A team of health care professionals assesses each resident and participates in the development of their individual care plan on admission and on an on-going basis (minimum four times a year). Access to other health-care professionals (such as rehabilitation professionals) is available depending on assessed need.

Long-term care residents

- Require complex end of life care
- Have complex medication management needs
- Require complex nursing care
- Have inconsistent or unstable behaviour that places the resident or others at risk

What is supportive living?

Supportive living provides a home where seniors can enjoy privacy and independence, and where needed, have the comfort of knowing health-care workers and professional nurses are on-site to provide support when they need it.

Whether a little care or a lot of care is needed, supportive living can provide it. Supportive living offers individuals and couples a care option that allows them to live as independently as possible, while remaining close to family and friends.

Supportive living staff

Home Care Registered Nurses will create and coordinate individual care plans, helping residents to retain their independence, and are on-call 24 hours a day.

On-site professional nursing care is provided by Licensed Practical Nurses. Care will also be provided by Health Care Aides who are on-site 24 hours a day. Access to other health-care professionals (such as rehabilitation professionals) is available depending on assessed need.

Supportive living residents

- Have complex medical needs that are predictable and can be safely managed by on-site professional nurses (Licensed Practical Nurses) under the direction of a Home Care Registered Nurse
- May require chronic disease management
- Have complex physical needs that cannot be met at home or at an alternate supportive living space
- May require assistance with daily activities
- May be living with varying levels of dementia



What are the accommodation rates for long-term care and supportive living?

Accommodation fees are regulated by Alberta Seniors and Community Supports. Supportive living fees are determined jointly by the operator and Alberta Health Services.

In supportive living residents pay Alberta Blue Cross charges for their medications and cost share for medical supplies through Aids to Daily Living.

Income support may be available through the Alberta Seniors Benefit program and Assured Income for the Severely Disabled (AISH) based on a resident's income.

Residents may see an increase in charges if they are currently living in a semi-private or ward room and move into a private room at the new facility.